



## 2021/2022 STEPPING STONES TRIPLE P FACILITATOR SCHOLARSHIPS

Please read all the information below before [registering](#) for the upcoming Information Session on **Wednesday 18<sup>th</sup> August 2021** to find out more and to receive an Expression of Interest Application.

### Introduction

The Sydney Children's Hospital Network's Mental Health and Intellectual Disability Hub are seeking applicants for our next Stepping Stones Triple P Facilitator Scholarships round, with the aim of supporting the mental health of children with intellectual disability and autism in NSW. We are offering a limited number of scholarships to professionals to complete the required training, accreditation and subsequent delivery of this evidence-based parenting intervention. The aim of the scholarships is to build the capacity of mainstream services within NSW to respond to children with an intellectual or developmental disability aged up to 12 years of age who present with mental health concerns.

### *About Stepping Stones:*

Stepping Stones Triple P forms part of the Triple P – Positive Parenting Program® system of evidence-based education and support for parents and caregivers of children aged up to 12 years who have a disability. The program aims to increase parenting skills and parenting confidence, by engaging, encouraging and empowering families to address child social, emotional and behavioural problems, and develop effective strategies for dealing with a variety of childhood behaviour problems and developmental issues. Stepping Stones Triple P uses the Triple P multi-level framework that tailors information, advice and professional support to the needs of individual families.

### *Primary Care Stepping Stones*

The [Primary Care Stepping Stones program](#) consists of a brief one-to-one parenting intervention designed to target problem behaviours or developmental skills. The practitioner meets with the parents for up to four sessions over a period of six weeks and assists parents to develop parenting plans to prevent and manage the problem behaviour and to teach needed skills.

### *About the Stepping Stones Scholarships:*

We are offering up to twenty scholarships for professionals in NSW to complete the Stepping Stones Triple P (SSTP) Primary Care Facilitator Course. The three day online facilitator course will give professionals the knowledge and skills necessary to deliver the SSTP program to parents of children with an intellectual or developmental disability. Included in the scholarships will be:

- the SSTP training,
- STTP accreditation,
- SSTP manuals and,
- a limited set of parent resources to assist with implementation.

The scholars will be supported via various mentoring opportunities throughout 2021. Each scholarship is valued at over \$2,000. (NB: There is no cash payment or leave relief associated with this scholarship opportunity).

## Eligibility

To be eligible for the scholarship you must:

- Be a professional in NSW who works with children aged up to 12 years old in the health (mental health or child and family health) or education (servicing students enrolled in support classes for intellectual disability or autism) sectors. Examples include:
  - Allied Health staff including psychologists, speech pathologists, occupational therapists, social workers and clinical nurse consultants or educators etc.
  - School psychologists, school counsellors, learning support teachers or coordinators, student support officers, who cater for schools with support classes.
- Have an intention to support children with intellectual disability and/ or autism in your workplace.
- Be available to complete the Stepping Stones Triple P training and accreditation dates in 2021 (see table below for dates).
- Deliver Stepping Stones Triple P, to parents in 2022 and complete all pre and post surveys required.

## Selection criteria

- 1) Commitment to delivering Stepping Stones as an intervention for parents of children with an intellectual disability and/or autism.
- 2) How the scholarship will enable children with intellectual disability and/or autism and their parents within your community to access an evidence-based social, emotional and behavioural intervention.
- 3) How you will sustain the Stepping Stones Program as a service in your area following your completion of the training.

Each Expression of Interest application must include:

- A completed Stepping Stones Triple P Scholarship Online Application;
- An upload of your curriculum vitae (maximum 4 pages) outlining your employment history, specific training and experience working with children and their families, mental health and disability and;
- An upload of a brief letter from your Team Leader or Manager, outlining your current position and in support of your: (1) application, (2) completion of the Stepping Stones intervention and accreditation, and (3) intention to deliver the program in 2021 and/or 2022.

## Closing dates and timeline

Primary Care STTP	
Date	Activity
18 August 2021 12:30-1:30pm	Stepping Stones Triple P Information Session
31 August 2021	EOI due
10 September 2021	Successful applicants notified by email.
12-14th October 2021 <b>TBC</b> (3 days training)	Primary Care SSTP Online Training Course
23-25th November 2021 <b>TBC</b> (1 day accreditation workshop and ½ accreditation)	Online Pre Accreditation Workshop – and Online Accreditation,
2021	Delivery & Evaluation

## Further information

The Stepping Stones Triple P Scholarships are part of a Quality Improvement Activity approved by the Clinical Governance Unit of the Children's Hospital at Westmead.

More information about the Primary Care delivery mode of Stepping Stones Triple P is available below:

[Primary Care Stepping Stones Overview](#)

## Information session:

Both Triple P and Sydney Children's Hospital Network Mental Health and Intellectual Disability Hub Representative will be available for an information session on: Wednesday 18th August 2021 from 12:30-1:30pm. All those who have registered for the information session will receive an application form.

- HOST:** Jodie Caruana  
MHID Hub Manager and School-Link Coordinator  
Department of Psychological Medicine  
The Children's Hospital at Westmead
- DATE /TIME:** Wednesday 18<sup>th</sup> August, 2021. 12.30pm – 1.30pm (AEST)
- PLATFORM:** **Zoom (Recorded)** . Register in advance for this meeting. You will be automatically sent zoom details.  
<https://us02web.zoom.us/meeting/register/tZYpdeCuqDIpGNyUqrfNbx7dAIDTprSD3R1R>
- PRESENTER:** Dr Lisa Studman  
SSTP Co-Author; Accredited Triple P Provider Trainer; Triple P Implementation Consultant



For more information about the scholarships please contact [Jodie.caruana@health.nsw.gov.au](mailto:Jodie.caruana@health.nsw.gov.au).

