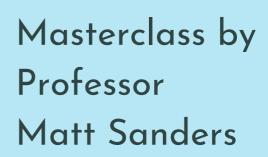
## SAVE THE DATE

Online Wednesday 19th of October 9:15am-2pm

SCHN School-Link and MHID HUB with Triple P welcome you to

TRIPLE P WEBINAR



with presentation by Professor Stewart Einfeld



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## The power of parenting to improve the mental health and well-being of children

Time	Topics	Program chaired by Dr David Dossetor
9:15	Log in and Welcome.	Acknowledgement of Country and introduction to forum.
9.30	Master Class with Professor Matt Sanders.	Matt will provide a masterclass on how Triple P can improve the mental health and well-being of children. He will inspire us to connect for population change. Do you have a question for Matt to answer in his presentation? Email us your question to <u>SCHN-CHW-SchoolLink@health.nsw.gov.au</u> by 06/09/22.
11:00	Break 1 🥗	
11:15	Behaviour Phenotypes	Professor Stewart Einfeld will present on behaviour phenotypes and how various developmental disorders affect behaviour. Syndrome specific modules that have enhanced Triple P public health intervention will be discussed.
12:00	The Power of Stepping Stones Triple P in NSW	Jodie Caruana and Hebah Saleh will present on recent activity of Stepping Stones in NSW and how you can be supported as a Stepping Stones facilitator.
12:15		Break 2 🥗
12:30	Working with Indigenous families	Presented by Associate Professor Karen Turner and Michell Forster. Karen and Michell will present on Indigenous Triple P and how it has been implemented in diverse communities around Australia. They will share some recent case studies.
1:00	Universal free parent access to Triple P online programs.	Did you know that the government has just rolled out national universal access to online programs? Dr Lisa Studman will provide an overview of programs available, a live demo of content, and a discussion on how to use programs as part of your clinical interventions.
1:30	Final Comments & Close	Associate Professor Dr David Dossetor

## **Meet the Presenters**

**Professor Matt Sanders:** Matthew Sanders is a Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at the University of Queensland. As the founder of the Triple P Positive Parenting Program, Professor Sanders is considered a world leader in the development, implementation, evaluation and dissemination of population-based approaches to parenting and family interventions.

**Professor Stewart Einfeld:** Stewart's career as a Child Psychiatrist has focused on behavioural and emotional problems of young people with developmental disabilities and their families. This has encompassed clinical care, advocacy and research. He is co-developer of the Developmental Behaviour Checklist (DBC), widely used in clinical and research settings both within Australia and internationally. He was co-Chief Investigator of the Australian Child to Adult Development (ACAD) Study. He has contributed to the elucidation of the behaviour phenotypes of a range of genetic syndromes associated with intellectual disability including Prader Willi , Williams, Fragile X and Down syndromes, and led clinical trials of novel interventions in these disorders. He also led a 3-state community trial of the Stepping Stones Triple P program, an early intervention parent training strategy.

Associate Professor, Dr David Dossetor: David Dossetor is a British trained child psychiatrist with a special interest in intellectual disability and Autism and is team leader of the Developmental Psychiatry Team at Children's Hospital at Westmead. He is Clinical Associate Professor at Sydney Medical School and for 14 years was the Area Director for Mental Health for Sydney Children's Hospital Network. With the establishment of the small Developmental Psychiatry Team, he has worked to build capacity through collaboration and interagency partnerships in NSW over the last 20 years.

**Dr Lisa Studman:** Lisa Studman is a registered psychologist, endorsed in Clinical and Educational/Development Psychology, based in Western Australia. She has worked for almost 30 years with children, adolescents, and families. Lisa specialises in working with families of children with developmental disabilities and is an Accredited Trainer and Implementation Consultant for Triple P International. Lisa is a coauthor of Stepping Stones Triple P for families of children with disabilities.

Associate Professor Karen Turner: Karen Turner is a clinical psychologist and research academic. She is Deputy Director (Programs and Innovation) at the Parenting and Family Support Centre and is a foundational co-author of Triple P. Her research focuses on increasing families' access to evidence-based parenting support, including the cultural tailoring of mainstream parenting programs for Indigenous families.

**Michell Forster:** Michell Forster is an Aboriginal Woman from South West Queensland, Kunja. She holds the position of Indigenous Implementation and Cultural Consultant with Triple P International and a Masters in Indigenous Studies Wellbeing. Michell has extensive experience in Counselling, Health and Wellbeing, Implementation, research, community consultation and program development. For the past 10 years Michell's work has focused on the effective implementation of evidenced based Triple P programs to help strengthen child and family Wellbeing in Aboriginal & Torres Strait Islander communities across Australia.

**Jodie Caruana** and **Hebah Saleh** are School-Link Coordinators at the Sydney Children's Hospital Network (SCHN) based at the Children's Hospital at Westmead. Jodie is a Social worker and also manages the Mental Health Intellectual Disability Hub at the Sydney Children's Hospital Network. Hebah is a Psychologist and editor of the Journal of Mental Health of Children and Adolescents with Intellectual and Developmental Disabilities.





